



PRESENTED
BY:



2025 ATHLETE GUIDE

AUGUST 9, 2025

GRAND JUNCTION



SPORTS COMMISSION

PACKET PICKUP & ON-SITE REGISTRATION

Thursday, August 7th*

5:00pm - 7:00pm (*highly encouraged - Plus FREE Ice Cream*)

Grand Valley Primary Care - Palisade: 731 Iowa Ave, Palisade, CO 81526

***Town of Palisade FREE Ice Cream Social: 5:30pm-7:00pm**

GUNS & HOSES: Police vs. Fire Tug of War - 6:00pm

Saturday, August 9th

7:00am - 8:15am (*we recommend being early - Registration closes at 8:15am sharp*)

Veteran's Memorial Park: 120 W 8th St, Palisade, CO 81526

ONLINE RACE REGISTRATION CLOSES AUGUST 6TH AT 11:59PM

EVENT PARKING

Recommended parking is in public lots on the north side of town at or near 1st and Main St. Street parking is also available but many roads will be closed due to the Palisade Parade also taking place. Please plan accordingly and give yourself enough time to arrive for the start of the race.

RACE DAY SCHEDULE

- 7:00am - Packet Pickup Opens (ends at 8:15am sharp)
- 7:00am - Pancake Breakfast Opens
- 8:30am - 10k Race Start (course map below)
- 8:45am - 5k Race Start (course map below)
- 9:00am - Palisade Peach Days Parade Starts
- 9:45am - 5k & 10k Awards
- 10:00am - Kids 1k and 100m Dash Start
- 11:00am - Pancake Breakfast and Post Race Festival Closes

***All events happening in Veterans Memorial Park (finish line for 10k & 5k is 1000' from Park)**

INCLUDED IN REGISTRATION

- Race T-Shirt
- Custom Race Medal
- Bib, Timing Chip, and Real-time Results
- Promotional Swag from Event Partners
- Delicious Palisade Peaches from Palisade Peach Shack, Pancake Breakfast from the Palisade Lions Club, and post race bananas from Natural Grocers
- Access to 2025 Palisade Peach Festival (either day)

***To secure your free access to the Palisade Peach Festival, use the promotional code:**

JUSTPEACHYRUN. These tickets must be purchased online in advance (before end of day on **August 14**). Kids under 3 are free to enter Peach Festival.

AWARDS

- Top 3 overall Male & Female in 5k & 10k
 - 1st place: \$200, 2nd place: \$150, 3rd place: \$100
- Age Group Awards for Male & Female in 5k & 10k
 - Age categories include Under 20, 20 - 29, 30 - 39, 40 - 49, 50 - 59, 60-69, and 70+

FREQUENTLY ASKED QUESTIONS

Was the course changed from previous years?

- Yes! The event was modified in 2024 per a request from the Town of Palisade. Since we no longer on the same weekend as the Peach Festival, we created a loop course so you start and finish in the same area. Runners will run a very similar course this year to the 2024 course, but in reverse. The race will end in front of Taylor Elementary School this year and post race festivities will be in Veteran's Memorial Park which is less than 1000' away. Excess signage will make this easy to follow for runners and spectators.

How many aid stations are there and what's included?

- There will be one aid station at roughly mile 2.3 for the 5k and 10k. The 10k will also pass by that aid station two additional times. Only water will be provided at the station. Water will be provided at the start and finish lines as well.

Where is the money raised from this event going?

- The Grand Junction Sports Commission is proud to announce that proceeds from this year's race will again go to benefit the Palisade Fire Department and Palisade Police Department. In 2024 we raised over \$5,200!

How do I get the pancake breakfast?

- This year the Palisade Lions Club will have their pancake breakfast during the race from 7am-11am. Participants eat free, and for spectators and non-racers, it is \$10 for adults and \$5 for kids.

Can I bring my dog?

- Yes, we love our four-legged friends but request that only well-behaved dogs attend as there will be plenty of noise and distractions. All dogs must be leashed and proper clean up is required.

If you have any questions, please e-mail info@grandjunctionsports.org or call us at (970) 639-1387.

ONLINE RACE REGISTRATION CLOSES AUGUST 6TH AT 11:59PM

**A SPECIAL THANK YOU TO OUR
PRESENTING PARTNER:**



2025 JUST PEACHY 5K COURSE

JUST PEACHY



5K
10K

GRAND JUNCTION
SPORTS COMMISSION

Presented by:

Grand Valley
Primary Care Palisade
Community HOSPITAL

**Aid
Station**

Walk to park
for post race
food &
vendors



2025 JUST PEACHY 10K COURSE

JUST PEACHY



5K
10K

GRAND JUNCTION
SPORTS COMMISSION

Presented by:

Grand Valley
Primary Care Palisade
Community HOSPITAL

Palisade
Senior High
School

Aid
Station

2 LAPS

START

FINISH

Walk to park
for post race
food & vendors

